**Columbus Dashers SUBIR Lesson Plan**

**Area:** Recess  **Time Allotted:** 20 minutes

**Materials:** Playground equipment, balls, sound/word to indicate that it is time return to the building

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|  | **Safety** | **Unity**  | **Be Kind** | **Integrity**  | **Responsibility**  |
| *Expectation* | * Hands/Feet to yourself
* Stay within the fences
* One at a time on equipment
* **Only talk to people within the fences**
 | * Include everyone
* Play cooperatively
* Reach consensus
 | * Share
* Encourage others
* Show empathy
 | * Play fair
* Be honest
 | * Come in when called
* Clean up
* Ask for help
 |
| *Pathway Connection*  | **Physical Pathway –** Be aware of your body/space.   | **Social Pathway –** Be a good friend.  | **Psychological Pathway** **Language Pathway –** Think about how your behavior/words affect others (empathy).   | **Ethical Pathway –**Do the right thing even when no one is watching.   | **Cognitive Pathway -**  Make good decisions.   |

**Teach**

1. Objective: “Today we’re going to talk about how we practice safety, unity, being kind, integrity and responsibility on the playground.“
2. Guided Discovery: “How can we practice safety, unity, being kind, integrity and responsibility on the playground?“ (Allow students time to answer)
3. Definition of SUBIR on the playground.
	* 1. Show the SUBIR poster for the playground and review each expectation with the students.
		2. Discuss/clarify important details

i. Example: Be Kind – “show empathy” means to think of how others feel before you act

**Model**

1. **Teacher** demonstrates examples of not following the expectations
	1. Safety – Show example of talking with someone over the fence. Talk with students about how else a person might not be following the Safety expectation on the playground.
	2. Unity – Show example of excluding others on the playground. Talk with students about how else a person might not be following the Unity expectation on the playground.
	3. Be Kind – Show example of using unkind words on the playground. Talk with students about how else a person might not be following the Being Kind expectation on the playground.
	4. Integrity – Show example of cheating on the playground. Talk with students about how else a person might not be following the Integrity expectation on the playground.
	5. Responsibility – Show example of not coming in when called from the playground. Talk with students about how else a person might not be following the Responsibility expectation on the playground.
2. 2. Teacher chooses a couple of students to demonstrate how to follow each expectation

**Practice**

1. Have all students walk out to the playground. Have all students line up to come back inside.
2. Use this time to reteach any expectation that students are not following.
3. Acknowledge students who are following the expectations.
4. Hand out Dasher Dollars!